Maternal & Child Health Initiatives through Drinking Water & Sanitation Program

Interim Progress Report

(Jan 2018 - Jun 2018)

General Background of the Project

This program has been implemented by Tamakoshi Sewa Samiti (TSS), a non-governmental organization based in Ramechhap district of Nepal. World Neighbours Canada Society and DFATD-Global Affairs Canada have jointly funded to implement this project.

Project Period & Funding Amount

The project period has covered a total of 49 months effective from 1st March 2016 to 31st March, 2020. The total approved budget is CAD 394,004 (Nepalese Rupees 28,762,252).

Purpose of the Program

This project will focus on improving the health of mothers, young children and infants in Nepal by providing year-round access to drinking water and sanitary toilets to targeted communities of Ramechhap District.

Immediate Outcome

The immediate outcome of the program is to increase equitable use of potable drinking water and healthy environments by women, men, girls & boys. For this, the program has aimed to achieve the following two major results.

- 1. It will provide 21 gravity-flow water systems that will deliver clean water year-round to approximately 525 families through public tap stands by the end of the project period.
- 2. It will focus on improving the health and sanitation of approximately 4,200 families by facilitating the provision of sealed, hygienic toilet systems next to their houses by the end of the project period.

Action Plan

Originally, the following target was planned to implement program, however it has revised according district situation and implementation time-frame. The revised figures are mentioned in the bracket.

| | Description | 2015/16 | 2016/17 | 2017/18 | 2018/19 | 2019/20 | Total |
|----|-------------------------------------|---------|---------|---------|---------|---------|-------|
| 1. | No. of Drinking Water Systems | 2 (1) | 5 (2) | 5 (2) | 5 (9) | 4 (7) | 21 |
| | No. of families in Drinking Water | 50 | 125 | 125 | 125 | 100 | 525 |
| 2 | No. of toilet construction/families | 300 | 1,000 | 1,000 | 1,000 | 900 | 4,200 |
| Ζ. | No. or tonet construction/families | (X) | (2,100) | (2,100) | (X) | (X) | 4,200 |

Progress & Achievement (Jan 2018 - Jun 2018)

1. Drinking Water Construction:

As per the revised action plan, it was expected to construct two new small gravity-fed drinking water systems for a total of 50 households during FY 2017/18. However, we have selected one bigger system with the total 80 households, which is equivalent to more than 3 small DW systems. This system also includes one government secondary school and four local government offices.

The first agreement was made between TSS and Sunapati Rural Municipality in Feb 2018, in the presence of Chairman of the Rural Municipality to jointly implement the DW system. It was delayed to start the work due to technical fund disbursement mechanism by Rural Municipality. The second agreement has been made between TSS and Sunapati Rural Municipality in April 2018 among the presence of Rural Municipality Chairman, Rural Municipality Executive Officer, Rural Municipality Accountant, Water User Group Chairman, Ward Office Chairman. During the second agreement, the name of the DW system was also changed to "Swara Khola Tallo Muhan Puchhar Tol Swasthya Chowki Danda Mathi Purano Tanki & Kama DW system", instead of previous Hiledevi DW system. In short, we have men Swara Khola Tallo Muhan to Kama DW system. The new name of the system has incorporated the name of all areas who are benefitted by the system.

The detail beneficiaries breakdown and the gender disaggregated data of the system is as follows:

| Name of System | : | Swara Khola Tallo Muhan to Kama Drinking Water System |
|----------------|---|--|
| Location | : | Sunapati Rural Municipality, Ward # 3, Hiledevi, Ramechhap |

| | Beneficiaries | HH | Population | | | |
|----|----------------------------|----|------------|------|-------|--|
| | | | Female | Male | Total | |
| 1. | Individual Households | 80 | 172 | 174 | 346 | |
| 2. | Pashupati Secondary School | 1 | 210 | 255 | 465 | |
| 3. | Post Office | 1 | 0 | 0 | 3 | |
| 4. | Health Post | 1 | 0 | 0 | 7 | |
| 5. | Ward Office | 1 | 0 | 0 | 5 | |
| 6. | Rural Municipality Office | 1 | 0 | 0 | 10 | |
| | Total | 85 | 382 | 429 | 836 | |

Gender Disaggregated Data

| | Name of Scheme | All age group | | A | ge | Age | | Age | | Age | | Age | | |
|----|--------------------|------------------|-----|-----|-----|-------|----|-------|----|-------|----|-----|----|----|
| | | Total Population | | | -04 | 05-09 | | 10-14 | | 15-19 | | 19+ | | |
| | | F | М | Т | F | Μ | F | М | F | М | F | Μ | F | Μ |
| 1. | Hiledevi DW Scheme | 172 | 174 | 346 | 12 | 14 | 17 | 20 | 22 | 29 | 24 | 21 | 97 | 91 |

A detail feasibility study has been conducted by our technical persons. The final design, estimates & drawing report has been also prepared by a certified govt. Engineer in Jan 2018. Due to the big system and large number of beneficiaries, the total estimated cost has become Rs. 3,964,481 (equivalent to CAD 48,948). This cost includes the cash contribution from TSS/WN Canada and inkind contribution from the beneficiary households. The breakdown of the estimated cost is below.

| FINANCIAL INFORMATION | Constructi | on Cost | Per Capita Cost | | |
|---|-------------|---------|-----------------|---------|--|
| | Total (Rs.) | Percent | Total (Rs.) | Percent | |
| WN & Local Government Cash Contribution | 2,611,375 | 66% | 3,124 | 66% | |
| Community In-Kind Contribution | 1,353,107 | 34% | 1,619 | 34% | |
| Total Construction Cost | 3,964,481 | 100% | 4,742 | 100% | |

The detail of Scheme Summary Sheet and Hardware Cost Summary Sheet are attached in this report as annexes.

Our available budget for 2 systems is Rs. 1,200,000 for Fiscal Year 2017/18 (Rs. 600,000 for each system). As this system is bigger than equivalent to 3 small systems, we have proposed to contribute Rs. 1,500,000 and the rest money whatever comes in actual basis has to be covered by local government. As per the second agreement, it has been agreed that Sunapati Rural Municipality Office will bear the cost on purchase all polythene pipe and TSS will contribute for other all other construction materials, transportation, skill labour & sand transportation etc. out of the total estimated cash contribution of Rs. 2,611,375.

As per the commitment of the local government, we have made the purchase order of all required polythene pipe as per the design estimate. All the pipes have been supplied and transported in Hiledevi. The total cost of the pipe has been Rs. 1,044,062. It was estimated the total cost of pipe Rs. 10,34,511 when the cost estimation was done in Jan 2018. However, the price was increased at the time of actual purchase in April end despite the especial discount from the pipe company. This money has been paid by the local government through water user committee. The invoices of pipes and payment receipt are attached in this report. TSS has also purchased other construction materials and transported to the community.

The construction work in Hiledevi was started just before the monsoon. It was decided by the user group that the construction of intake at source and pipeline work from source to reservoir tank will be only completed before the monsoon. This work has been completed now. The remaining works such as construction of reservoir tank, pipeline work from reservoir to public tap and the construction of public tap will be completed by the end of October. The user groups did want to take the risk of any construction in rainy season. In addition, the users are also busy in farming activities during this season. The photos of completed works are attached in this report.

A nine-member Water User Committee (with 3 female) has been formed as follows:

- 1. Mr. Tej Tamang Chairman
- 2. Ms. Sita Maya Moktan Treasurer
- 3. Mr. Prati Kumar Khadka Secretary
- 4. Ms. Nira Khatri Karki Member
- 5. Mr. Tej Bahadur Moktan Member
- 6. Ms. Jyomo Tamang Member
- 7. Mr. Ramesh Pandey Member
- 8. Mr. Sujan Ghising Member
- 9. Mr. Ram Hari Karki Member

A water quality test has been also done under of Swara Khola water source. The water analysis report is attached in this report.

2. Toilet Promotion Program :

The Government of Nepal has adopted a National Hygiene and Sanitation Master Plan in 2011. The goal of the Master Plan is to attain universal access to improved sanitation by 2017 for better hygiene, health and environment. To achieve the goal, the milestones are set as follow:

Milestone 1 : Toilet coverage of 60% of the total population by 2012/13 Milestone 2 : Toilet coverage of 80% of the total population by 2014/15 Milestone 3 : Universal toilet coverage by 2016/17

In Ramechhap district, Drinking Water & Sanitation Division Office, a government agency, is responsible to achieve above target through collaboration with various social organizations working in the district. There is also District Water, Sanitation and Hygiene Coordination Committee (DWASH-CC) headed by Local Development Officer. Being TSS is also involved on water and sanitation initiatives, it is also the member organization of the DWASH-CC. In order to avoid duplication work, more active NGOs and ODF target, the DWASH-CC has allocated the communities as per the available program by each NGO.

TSS aims to support 4,200 families to construct household toilet under the WNCS/DFATD-GAC project. In April 2016, on the basis of this target and vacant villages in the district, TSS had proposed to work in 5 places (Manthali Municipality, Dimipokhari VDC, Pinkhuri VDC, Hiledevi VDC and Deurali VDC) and the DWASH-CC had adopted our proposal. Since then, we had focused in these five places to promote households toilet construction and fulfill the national goal of ODF zones.

In March 2017, the government had announced the new local level structure. According to which, there are a total of 744 local bodies in the country (replacing the older structure of local level). In Ramechhap, the announcement has replaced former 2 municipalities and 45 VDCs into a total 8 local bodies - 2 Municipalities & 8 Rural Municipalities (village councils). It has merged all former VDCs into the new structure. Previously, all former VDCs used to have 9 wards in each VDC. After merging into municipality and rural municipality, they have now become one individual ward. However, the population coverage is same as before.

TSS toilet promotion & Open Defecation Free (ODF) zone declaration program

The fundamental aim of the Hygiene & Sanitation Master Plan is to streamline and synchronize the scattered and uneven efforts of the stakeholders for a common national goal. Total sanitation approach shall be the basic norm to promote hygiene and sanitation in a given area with access to the improved and sustainable toilet for every household and institution. ODF must be the basic minimum and first criteria of total sanitation. Therefore, DWASH-CC body is more active in the district to fulfill the national goal of sanitation for all. After the devastating earthquake, a number of NGOs are active in the district and working on WASH sector as well.

During the implementation of the current project, we had to select the communities where other NGOs were not working for same kind of activity (toilet pan-pipe distribution). Therefore, we proposed the above five communities and also approved by the DWASH-CC. The communities are divided into various NGOs to avoid duplication of work, benefit more families and timely achieve the national goal of universal access to sanitation.

ODF Achievement in Ramechhap in Ramechhap

In June 10, 2018 Ramechhap has been officially declared ODF free district. Before this event, our toilet coverage places such as Manthali Municipality, Hiledevi, Dimipokhari, Pinkhuri and Deurali were separately declared as ODF free zones. In 2017, four places Hiledevi, Dimipokhari, Pinkhuri and Derurali were declared as ODF free zones. Manthali Municipality was declared in March 2018.

Originally, it was planned to support 4,200 families to construct household toilets by the end of March 2020. However, we have achieved 4,012 by March 2018, slightly less than the target. It was because we were only worked in selected 5 places as approved by DWASH-CC.

As the district is declared as ODF and we have almost achieved the target, we will not work further in the toilet program. Our focus will be entirely on drinking water, as the target number is increased for upcoming two fiscal years, due to the reduced target of DW in previous two years.

Toilet Construction Update by March 2018

Originally, it was proposed to support 4,200 individual households for the construction of watersealed toilets in between the project period from March 2016-March 2020. However, this plan was revised and target was set to achieve by Dec 2017. In order to facilitate national master plan of universal sanitation by 2017, we required to shift toilet target within two year and reduced the DW target in the first two years of project period. With the consultation with WN Canada, the yearly budget was also utilized accordingly without any reflecting the total budget for four years.

| Community | Manthali | Deurali | Dimipokhari | Hiledevi | Pinkhuri | Total |
|------------------------|----------------|---------|-------------|----------|----------|--------|
| | | | | | | |
| Toilet Constructed HHs | 2,231 | 486 | 470 | 448 | 377 | 4,012 |
| | | | | | | |
| Both Sex Population | 8 <i>,</i> 368 | 2,254 | 1,989 | 1,920 | 1,830 | 16,361 |
| -Male | 4,248 | 1,004 | 902 | 887 | 795 | 7,836 |
| -Female | 4,120 | 1,250 | 1,087 | 1,033 | 1,035 | 8,525 |
| | | | | | | |
| Age 00-04 | 611 | 197 | 133 | 143 | 151 | 1,235 |
| -Male | 308 | 100 | 71 | 71 | 63 | 613 |
| -Female | 303 | 97 | 62 | 72 | 88 | 622 |
| | | | | | | |
| Age 05-09 | 888 | 273 | 185 | 201 | 202 | 1,749 |
| -Male | 486 | 135 | 89 | 100 | 104 | 914 |
| -Female | 402 | 138 | 96 | 101 | 98 | 835 |
| | | | | | | |
| Age 10-14 | 1,078 | 351 | 303 | 278 | 286 | 2,296 |
| -Male | 565 | 164 | 146 | 146 | 119 | 1,140 |
| -Female | 513 | 187 | 157 | 132 | 167 | 1,156 |
| | | | | | | |
| Age 15-19 | 1,006 | 277 | 256 | 252 | 218 | 2,009 |
| -Male | 486 | 130 | 125 | 106 | 109 | 956 |
| -Female | 520 | 147 | 131 | 146 | 109 | 1,053 |

The breakdown of total completed toilet under TSS coverage is as follows:

3. Financial Situation (March 2016 - June 2018)

The following is the financial situation (budget vs. expenditure) by the end of June 2018.

| | Budget Headings | A/C | Exp. upto | Expense | Expense | Total | Balance |
|-----|---|-------|-----------------------|----------------------|-------------------|------------------|------------------|
| | | Code | previous Reporting | current Reporting | upto June 2018 | Budget (NRS.) | Budget (NRS.) |
| 1 | Personnel | | | | | . , | |
| 1.1 | Program Coordinator/Supervisor | A 1.1 | 662,640 | 179,468 | 842,108 | 1,607,376 | 765,268 |
| 1.2 | Technical Assistants | A 1.2 | 1,106,691 | 327,540 | 1,434,231 | 2,933,461 | 1,499,230 |
| 1.3 | Logistic Organizer | A 1.3 | 276,100 | 74,780 | 350,880 | 669,740 | 318,860 |
| 1.4 | Field Account | A 1.4 | 331,320 | 89,732 | 421,052 | 803,688 | 382,636 |
| | Sub Total | | 2,376,751 | 671,520 | 3,048,271 | 6,014,265 | 2,965,994 |
| | | | | | | | |
| | Local Subcontractors | | | | | | |
| 1.5 | Independent Final Evaluation | A 1.5 | 0 | 0 | 0 | 150,000 | 150,000 |
| | Sub Total | | 0 | 0 | 0 | 150,000 | 150,000 |
| 2 | Materials & Construction | | | | | | |
| 2.1 | Drinking water program | A 2.1 | 1,374,753 | 334,150 | 1,708,903 | 10,424,560 | 8,715,657 |
| 2.2 | Latrine program | A 2.2 | 4,639,272 | 1,978,900 | 6,618,172 | 7,362,166 | 743,994 |
| | Sub Total | | 6,014,025 | | 8,327,075 | 17,786,726 | 9,459,651 |
| | | | | | | | |
| 3 | Travel & Monitoring | | | | | | |
| 3.1 | Field Travel by Staff | A 3.1 | 275,550 | 69,175 | 344,725 | 1,039,399 | 694,674 |
| 3.2 | Supervision, Monitoring & Transportation | A 3.2 | 241,203 | 106,270 | 347,473 | 753,531 | 406,058 |
| | Sub Total | | 516,753 | 175,445 | 692,198 | 1,792,930 | 1,100,732 |
| | | | | | | | |
| 4 | Trainings | | | | | | |
| 4.1 | O & M Training /Post-Construction Training | A 4.1 | 20,855 | 0 | 20,855 | 244,977 | 224,122 |
| 4.2 | Hygiene & Sanitation Training | A 4.2 | 93,920 | 73,800 | 167,720 | 452,590 | 284,870 |
| 4.3 | Gender Equality & Development Training | A 4.3 | 94,385 | 0 | 94,385 | 87,000 | -7,385 |
| | Sub Total | | 209,160 | 73,800 | 282,960 | 784,567 | 501,607 |
| 5 | Other Direct Costs | | | | | | |
| 5.1 | Baseline Data & Follow-up Data Collection | A 5.1 | 265,240 | 0 | 265,240 | 1,062,840 | 797,600 |
| 5.2 | Project Audio-video Documentary | A 5.2 | 0 | 0 | 0 | 175,000 | 175,000 |
| 5.3 | Sharing & Review Meeting with Line Agencies | A 5.3 | 28,295 | 16,540 | 44,835 | 173,996 | 129,161 |
| | Sub Total | | 293,535 | 16,540 | 310,075 | 1,411,836 | 1,101,761 |
| | | | | | | | |
| 6 | Administration | | | | AF- | | |
| 6.1 | Office Equipments (Laptop, Camera, Printer) | A 6.1 | 241,442 | 16,000 | 257,442 | 258,000 | 558 |
| 6.2 | Local Administration (2% of total cost) | A 6.2 | 193,033 | 65,327 | 258,360 | 563,966 | 305,606 |
| | Sub Total | | 434,475 | 81,327 | 515,802 | 821,966 | 306,164 |
| | Grand Total | | 9,844,699 | 3,331,682 | 13,176,381 | 28,762,290 | 15,585,909 |
| | | | 3,044,033 | 3,331,082 | 13,170,301 | 20,702,290 | 13,365,505 |

Annex-4: Swara Khola Tallo Muhan to Kama DW System, Hiledevi Drinking Water Scheme Water Analysis Test Report

Naya Baneshwor, P.O. Box 3456 Kathmandu, Nepal Phone: +977-1-4482301 Email: info@ecoconcern.com.np Website: ecoconcern.com.np ENVIRONMENT AND PUBLIC HEALTH ORGANIZATION **ENPHO LABORATORY** Managed and Marketed by : Eco Concern Pvt. Ltd. Accredi WATER ANALYSIS REPORT Sample ID: 4031(074-075) Client : Swara Khola Drinking water system Sample Category : Drinking water Sample Location/Area : Hiledevi-3, Sunapati Rural Municipality- 3, Ramechhap Source of Sample : River water fation No. Pra Client Address : Minbhawan, Kathmandu Type of Sample : Raw Received On : 2018-06-26 Sampled By : Client Completed On : 2018-06-28 PHYSICO-CHEMICAL AND MICROBIOLOGICAL ANALYSIS

| Parameters | Unit | Sample ID | | | |
|---|----------------|---------------|---------|------------------------------------|--|
| Farameters | Unit | 4031(074-075) | NDWQS | Test Methods | |
| Temperature | °C | 26.75 | | Thermometer | |
| pH | | 7.91 | 6.5-8.5 | APHA, AWWA, WEF (2012), 4500-H B | |
| Turbidity | NTU | ND(<1.0) | 5(10) | APHA, AWWA, WEF (2012), 2130 B | |
| Total Hardness | mg/L | 27.0 | 500 | APHA, AWWA, WEF (2012), 2340 C | |
| Chloride | mg/L | ND(<1.00) | 250 | APHA, AWWA, WEF (2012), 4500-CI B | |
| Ammonia | mg/L | 0.08 | 1.5 | APHA, AWWA, WPCF (1985), 417 B | |
| Nitrate | mg/L | 6.9 | 50 | APHA, AWWA, WEF (2012), 4500-NO3 B | |
| lron (Fe) | mg/L | ND(<0.05) | 0.3(3) | APHA, AWWA, WEF (2012), 3111 B | |
| Manganese (Mn) | mg/L | ND(<0.05) | 0.2 | APHA, AWWA, WEF (2012), 3111 B | |
| Arsenic (As) | mg/L | ND(<0.005) | 0.05 | APHA,AWWA,WEF (2012), 3114 B | |
| Coliform Bacteria (H ₂ S) Test | Present/Absent | Absent | Absent | APHA, AWWA, WEF (2012), 9240 D | |

NDWQS = National Drinking Water Quality Standard (2062).

Govt. Reg. 108/047/048, SWC Reg. 283/047/048

Accredited by NEPAL BUREAU OF STANDARDS AND METROLOGY.

 References: Standard Methods for the examination of Water and Wastewater (APHA, AWWA & WEF) 22nd Edition (2012)

 (): Maximum Concentration Limit
 TNTC-Too Numerous To Count (>8000)

 Result with '<' indicates that the concentration was below the detection limit. The limit is indicated by the number following '<' sign.</td>

 ND: Not Detected

ID: 4031-Raw

Remarks: All the tested physico-chemical parameters were within the NDWQS value at the time of analysis.

Bacteriologically, the provided water sample was found to be free from H₂S producing Coliform bacteria at the time of analysis.

ANALYZED B



ENPHO/QF/5.10.2.1/04/01

Note: (1) The results refer only to the parameters tested of the samples provided/collected for analysis. Endorsement of products is neither inferred nor implied.

- (2) In order to ensure the confidentiality the report will be released to the person who produces the registration slip
- (3) All the samples are disposed of 7 days after the report date unless the laboratory has received special request
- (4) Total liability of our organization is limited to The invoiced amount only.
- (5) The reproduction of this report wholly or partly cannot be used as an evidence in the court of law and should not be used in any advertising media without prior written permission from ENPHO Lab.

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Annex-13 : Toilet Program Photographs : ODF Declaration Event of Manthali Municipality, Ward # 4, Salu











Annex-14 : Toilet Program Photographs : ODF Declaration Event of Manthali Municipality













Annex-16 : Toilet Program Photographs : Pan-Pipe Transportation, Distribution & Toilet Construction

